

Castaway Island, Fiji Teen Program

THEMED ITINERARIES

Pasifica Day

9.00 am	Snorkeling lesson at Nuku Marau pool followed by a guided reef snorkel
11.15 am	Coconut bowling and coconut tunnel ball race
2.30 pm	Hula skirt making
3.30 pm	Touch footy
4.00 pm	Glass bottom boat ride over the reef
9.15 pm	Trivia/bonfire at monkey rock

Art & Craft Day

7.00 am	Shadow boxing meet at the castaway sign
9.00 am	Snorkeling lesson at Nuku Marau pool followed by a guided reef snorkel
11.15 am	Egg throwing competition followed by beach volleyball
2.30 pm	Bracelet making and photo frame making using shells
3.30 pm	Touch footy
4.30 pm	Glass bottom boat ride over the reef
9.15 pm	Frog race

Fijian Cultural Day

9.00 am	Snorkeling lesson at Nuku Marau pool followed by a guided reef snorkel
11.00 am	Lighting of the lovo (earth oven)
11.15 am	Chef's talk on local food
1.30 pm	Burial of lovo
2.15 pm	Basket weaving demo and sulu tying demo
5.00 pm	Unearthing of the lovo
6.00 pm	Management cocktail party
6.45 pm	Fijian warrior show
9.15 pm	Kava mixing demo at the main lounge

Marine & Environment Day

9.00 am	Snorkeling lesson at Nuku Marau pool followed by a guided reef snorkel
11.15 am	Trash line game on the beach followed by beach volleyball
2.30 pm	Draw, write and paint at kids club
	Medicine walk
3.30 pm	Touch footy on the beach
9.15 pm	Mamanuca Environment Society presentation

Coconut Day

7.00 am Shadow boxing meet at the castaway sign
 9.00 am Snorkeling lesson at Nuku Marau pool followed by a guided reef snorkel
 11.15 am Coconut frond weaving
 2.30 pm Fijian dessert making using coconut cream
 3.30 pm Beach volleyball
 9.15 pm Surprise game at the main lounge

Family Fun Day

9.00 am Snorkeling lesson at Nuku Marau pool followed by a guided reef snorkel
 11.15 am Guided family snorkeling meet at the boatshed
 2.30 pm Family bush walk meet at kids club
 Beach volleyball
 3.30 pm Touch footy
 9.15 pm Beach games

Rest & Relaxation Day

9.00 am Snorkeling lesson at Nuku Marau pool followed by a guided reef snorkel
 11.15 am Coconut husking, hand breaking and tasting
 Beach volleyball
 2.30 pm Family time at leisure
 3.30 pm Touch footy
 9.15 pm Crab race

Day Activities	Night Activities
Egg throwing competitions Beach volleyball Beach cricket Walk around the island Guided Bushwalk Table tennis competitions Dolphin safari Scavenger hunt Underwater treasure hunt Guided snorkeling Trash line game Iron-man race Guided paddle to the secret beach Amazing race Guided paddling around the island Beach soccer Touch footy Water polo Watermelon cracking competitions	Mocktail party Frog race Crab race Cucumber relay Potato relay Fishing line game Spin the broom Monte Carlo Pass the onion Balloon dance Paper blowing relay Pop the ball in the bucket Bonfire on the beach Trivia